

**LET'S  
INSPIRE!**

# ROTARY CLUB OF MUMBAI MAHIM

DISTRICT 3141, CLUB No. 59127



## MAHIM WAVES

FEBRUARY, 2026

UNITE  
FOR  
GOOD

Rotary



❖ R. I. President – Francesco Arezzo ❖ District Governor – Dr. Manish Motwani ❖

◆ President – Shaila Rege ◆ Secretary – Sunita Padwal ◆

❖ Bulletin Chairperson – Shobha Karnik ❖

### FROM PRESIDENT'S DESK



The month of February began on a vibrant and enthusiastic note with the celebration of DISCON – DRISHTIKON, held on 7th and 8th February 2026 at Sahara Star Hotel, Vile Parle. It was a grand District Fellowship event filled with learning, bonding, and celebration.

Seventeen members from our club enthusiastically participated in DISCON. The event commenced with the National Anthem followed by an impressive March Past by the Presidents. Eminent speakers graced the occasion and shared their valuable insights and experiences, making the sessions highly enriching and inspiring.

On 7<sup>th</sup> February, a lively Fashion Show was organized where four members from our club represented the West Zone with the theme “Retro 60s to 70s.” Their participation added glamour and excitement to the evening.

On 8<sup>th</sup> February, a special Drum Beat event was conducted for all Presidents, which turned out to be energetic and thoroughly enjoyable. Every member who attended truly cherished the experience.

Apart from fellowship activities, the month also focused on community service. Scholarship books were distributed to the students of Ghatkopar MPS who are preparing for their upcoming examinations. Additionally, mats were provided to pre-primary students who were earlier sitting on the floor, ensuring a more comfortable and conducive learning environment for them.

Continuing its regular humanitarian support, ration kits were distributed to 10 TB patients, a project that RCMM carries out every month with commitment and compassion.

Overall, February was a wonderful blend of fellowship, learning, and meaningful service.

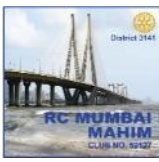
**Enjoy Rotary and Enrich Life.**



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## ROTARY CLUB OF MUMBAI MAHIM



### BOARD OF DIRECTORS



Rtn. Shaila Rege  
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Rtn. Uma Sahasrabudhe  
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Invitees for  
Board Meetings



Rtn. Vidya Kulkarni  
Learning Facilitator



Rtn. Pradeep Dixit



Rtn. Prakash Samudra



Rtn. Anand Limaye  
Club Advisors



Rtn. Sandhya Samudra



Rtn. Usha Sheshan

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Year 2025-26

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### DONATION OF A SCHOLARSHIP BOOKS AND MATS TO MPS SCHOOL

Mumbai Public School, Sainath Nagar, is a BMC-run school with a team of dedicated teachers. The students largely come from nearby slum areas and face several socio-economic challenges.

During a visit to the school, it was observed that the primary students were sitting directly on the floor during classes. Recognizing the immediate need, the members promptly decided to provide floor mats to ensure a more comfortable learning environment.

Subsequently, upon receiving a request for scholarship books for the IV and VII standard students, RCMM extended its support by donating the required books along with the mats. The materials were handed over on 3<sup>rd</sup> February 2026.

PR Shaila, along with Rtns. Lalit and Uma, visited the school and personally distributed the scholarship books to the students. The interaction with the children and teachers was heartwarming, and the entire initiative proved to be a deeply satisfying and meaningful experience.



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### RATION DISTRIBUTION UNDER PRADHAN MANTRI TB MUKT BHARAT ABHIYAN

Continuing the initiative from last month, on 12<sup>th</sup> February 2026, ration was distributed to 10 TB patients at the BMC Dispensary located behind Goa Portuguesa restaurant, Citylight. Rtn. Dr.Gurmit and Rtn. Asavari personally handed over the ration. These patients will continue to receive ration support throughout the course of their treatment, with the hope that it aids their recovery and helps them return to a healthy, normal life.



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## ROTARY CLUB OF MUMBAI MAHIM



### GARAM CHAI AUR GUFTAGU

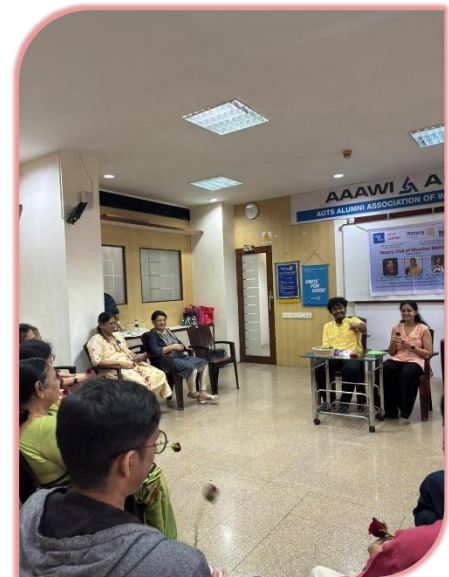
On the occasion of Valentines Day, Garam Chai aur Guftagu was conducted by Rtr. Anoushka and Rtr. Om from RC Ramnarain Ruia College, a warm and engaging initiative aimed at strengthening the bond between Rotarians and Rotaractors through meaningful conversations and light-hearted interaction.

The session began with fun icebreakers such as "Raise Your Hand If," "Point at Someone Who," and "Complete the Sentence," which instantly created a lively and comfortable atmosphere. This was followed by the main chit activity, where participants picked coloured chits. Pink chits included playful and slightly mischievous questions, while green chits featured experience-based and reflective questions. The activity sparked laughter, nostalgia, and thoughtful sharing, making the entire room come alive with energy and warmth. The event concluded on a heartfelt note with roses being presented to all the Rotarians as a token of appreciation.

Overall, the gathering was filled with joy, connection, and memorable moments, making it a truly enjoyable experience for everyone present.



Rotaract Club of Ramnarain Ruia Autonomous College  
Presents  
~ a partners-in-service initiative ~  
VALENTINES DAY SPECIAL  
**गरमchai  
aur  
गुफ्तगू**  
DATE: 14th February  
TIME: 10.00am onwards  
VENUE: AOTS Hall, Wadala  
RSVP: RTR. ANOUSHKA 8830737377  
RTR. OM KHARADE 97696 78834



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## DISTRICT INITIATIVE & CO-HOST

### 1. Drishtikon - DISCON 2025-26

The two-day District Conference, DISCON 2025-26 – “Drishtikon”, was held at the prestigious Hotel Sahara Star on 7th and 8th February 2026. The event was greatly enriched by the gracious presence of the RI President’s Representative from Romania, Rtn. Daniel Tanase, accompanied by Marlena Tanase. Their inspiring participation added immense value and international warmth to the conference.

The programme commenced with the Romanian National Anthem followed by the Indian National Anthem, symbolizing unity and global fellowship. This was followed by an impressive march-past by all Inspire Presidents, setting a vibrant and dignified tone for the conference. From our club, 17 members had registered, and 14 were able to attend and actively participate in the event.

The sessions that followed featured eminent speakers whose insightful presentations captivated the audience. Several speakers received well-deserved standing ovations, reflecting the exceptional quality, depth, and relevance of the programme. A special highlight of the conference was the Fashion Show — a brilliant initiative that brought together members from all zones, fostering camaraderie and unity. The atmosphere was electric, with everyone feeling like an integral part of DISCON.



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### DISTRICT INITIATIVE & CO-HOST

Our club was proudly represented in the West Zone presentation by four members — Sunita, Seema, Rashmi, and Shaila and secured Second Runner Up position — who participated in the Retro 60s–70s themed showcase and. Their spirited participation added charm and enthusiasm to the event, and it was thoroughly enjoyed by all.

On 8<sup>th</sup> February, the Drum Beating Ceremony by all the Presidents and dignitaries was a truly unique and powerful experience. The rhythmic energy and collective spirit created a memorable moment that will linger in our hearts for years to come.

Overall, DISCON 2025-26 – Drishtikon was an exceptionally inspiring, well-organized, and unforgettable conference that beautifully embodied fellowship, creativity, and leadership.



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### DISTRICT INITIATIVE & CO-HOST

#### 2. SPARKLE 2026

SPARKLE 2026, a unique competition organized by Rotary Club of Sher-E-Punjab on 21<sup>st</sup> & 22<sup>nd</sup> February. It was about Beauty Pageant dedicated to supporting cause of early detection of Cancer and cure.

Rtn. Sunita participated in the event and was selected for the second round. She was awarded a Certificate of Participation. RCMM is proud of her achievement and applauds her contribution to this noble cause.



## PATRONS & DONORS



RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Donor's Name	Amount	Cause	Through Rotarian
Rtn. Pratibha Malvi	20,000	Education / Medical	

### Bhagavad Gita (श्रीमद्भगवद्गीता) on Donations

दातव्यमिति यद्दानं दीयतेऽनुपकारिणे ।  
देशे काले च पात्रे च तद्दानं सात्त्विकं स्मृतम् ॥

#### Meaning:

Charity given out of duty, at the proper time and place, to a worthy person, without expecting anything in return, is considered Sattvic (pure) charity.

Donate selflessly, without expectation. Give at the right time, to a worthy cause, without expecting anything in return.

### FAMILY CORNER



Heartiest congratulations **Rtn. Dr. Sanhita Walavalkar**, for being invited to speak at Diabetes India 2026 Conference in Hyderabad on "Steroid Induced Hyperglycemia" and to deliver a lecture on "SILENT SUFFERERS - WOMEN, DIABETES AND MENTAL HEALTH " at the annual conference of MAHARSSDI 2026 at Hotel Orchid in Pune.



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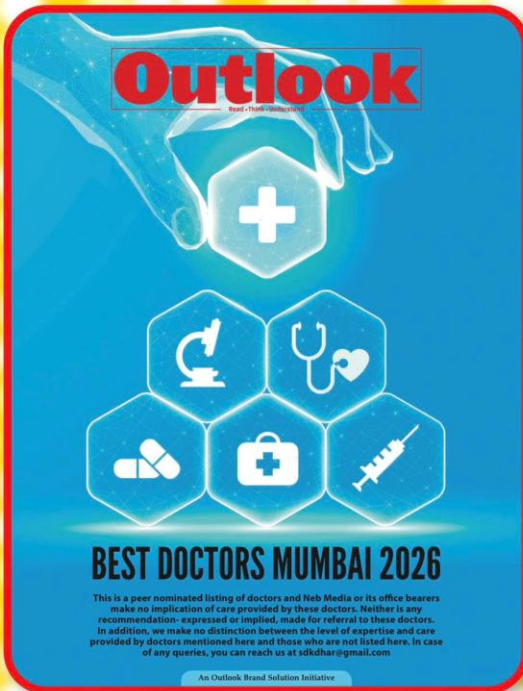
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### FAMILY CORNER

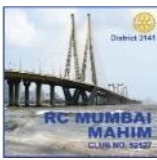


Heartiest congratulations to **Rtn. Dr. Nilesh Satbhai** for being a top most doctor in Mumbai for Plastic & Reconstructive Surgery. RCMM members are proud of you.



### Plastic & Reconstructive –Surgery

Dr. Nilesh Satbhai  
Dr Siddharth Prakash  
Dr. Anshuman Manaswi  
Dr. Mukund Thatte  
Dr. Mahinoor Desai  
Dr. Samir Kumta  
Dr. Akshay Deshpande  
Dr. Amita Hiremath  
Dr. Azmat Doctor  
Dr. Pratap Nadar  
Dr. Arvind Vartak



### FAMILY CORNER



Heartiest congratulations, **Rtn. Dr. Pallavi Saple**, on being invited to speak on Asmita Channel on the occasion of Rashtriya Mahila Doctors Day, and for the wonderful interview with Sanghamitra Bhandare. **Rtn. Dr. Pallavi** also appeared in Maharashtra Times under the column "Manyavar Kay Mhantat" expressing her views on Shivaji Maharaj.

## "आरोग्य दर्पण" वनिता मंडळ

राष्ट्रीय महिला डॉक्टर दिनानिमित्त  
**डॉ.पल्लवी सापळे**  
(सहसंचालक वैद्यकीय शिक्षण आणि संशोधन)  
यांची  
**संगमित्रा भंडारे**  
यांनी घेतलेली मुलाखत.

558KHz अस्मिता वाहिनीसह महाराष्ट्रातल्या सगळ्या केंद्रांवर **मंगळवार 3 फेब्रुवारी 2026, दुपारी 12: 15 वाजता**

### मान्यवर म्हणतात...

सहाय्य करणे हे ही नोंद आहे. असा अतिशय सुंदर उपक्रमसाठी पुढाकार घेऊन-चबहुत महत्त्व टाकण्याचे कौतुक आणि अभिनंदन.

आजचा अविनाश वाढत्या असा आरोग्य दृष्टिकोण आहे. परंतु दुर्दैवाने अल्पवयचा पुरुष हाडिअसिडोसिसची त्रास पडतो आणि अशावेळी आरोग्य यंत्रणेला काय करावे, एखाद्या शिवाजी महाराजवादात शिवाजी यांनी महामुक्ती करून दिली आणि शिवाजी महाराजांनी आरोग्य उपक्रम घेऊन आरोग्याच्या सुंदर धर्माचा शिवायला. ते त्यांनी उपक्रम घेऊन ते आरोग्य यंत्रणेला देऊन त्यांनी अतिशय महत्त्व टाकण्याचे कौतुक आणि अभिनंदन.

महाराष्ट्रात, शिवाजीवादात ही महत्त्व टाकण्याचे कौतुक आणि अभिनंदन.

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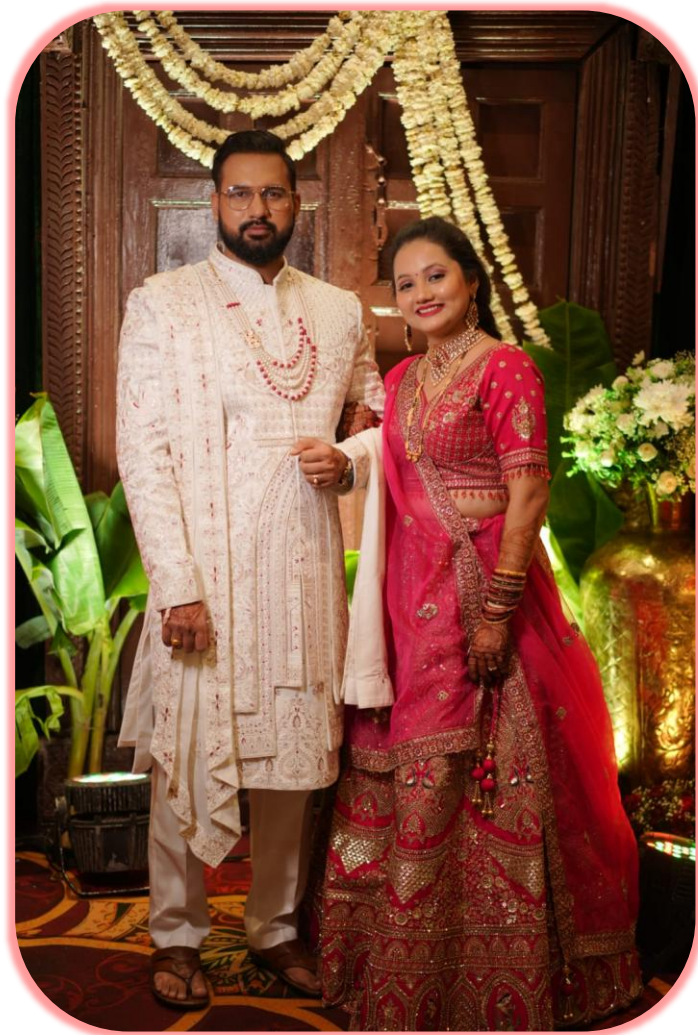
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### FAMILY CORNER

Swapneel, son of Rtns. Pradeep, Veena Watve & Rucha got married on 22<sup>nd</sup> February, 2026. Heartiest Congratulations from RCMM members.

As you begin this new chapter, may you always support, respect, and cherish one another. Congratulations on finding your forever! Wishing you both a lifetime of love, laughter, and togetherness.



### FAMILY CORNER



Heartiest congratulations to **Ira Wadekar**, grand daughter of **Rtn. Dr. Supriya Saple** for making a splash at the YMCA Swimming Meet, bringing home impressive 2 Silver and 1 Bronze medal! 🏆 🏆 🏆 Her dedication, discipline, and competitive spirit have added a proud milestone to her growing list of accomplishments.



### FAMILY CORNER



Heartiest congratulations to **Aditi Pai, Co-Founder of Briota Technologies** and daughter of **Rtns. Sandhya and Prakash Samudra**, for delivering the talk in **Startup Talk Series - Convince Yourself First!** It was organized by **Incubation & Enterprise (CIIE), Savitribai Phule Pune University**, in association with **Centre for Innovation**.

**Aditi** shared her entrepreneurial journey and powerful life lessons with students, emphasizing the mindset required to build and sustain a startup. She further expressed "Before convincing investors, customers, or the market — convince yourself first." Entrepreneurship begins with inner clarity and self-belief. Without strong conviction about your idea, vision, and purpose, sustaining a venture becomes challenging.



## FAMILY CORNER

*Wishing you a day filled with Happiness and a year filled with Joy.  
Happy Birthday*

Chaitra, daughter of Rtns. Varsha & Kishore

Rtn. Pratibha Malvi

Rtn. Swati Jaywant

Savani, Daughter of Rtn. Dr Ankalikar

Arun, son of Rtn. Usha Seshan

Raj, son of Rtn. Abhishek Shah

Rtn. Dr. Gurmit Kaur Bachher

Vanaja, wife of Rtn. K Suryakumar

Preeti, daughter of Rtn. K Suryakumar

Mithila, daughter of Rtn. Uday Damale

Rtn. Arati Dhavale

Rukmini, daughter of Rtn. Revati Kanvinde

Rtn. Jayanti Radhakrishnan

Seema, wife of Rtn. Sameer Tamhane

Punya, daughter of Rtn. Chittaranjan Datar

Tanay, son of Rtn. Uday Damale

Rudhdi, daughter of Rtn. Dr Sanhita Walavalkar

Bizun, son of Rtn. Jehangir Adranvala



### FAMILY CORNER

**Wishing you a very happy wedding anniversary and many more wonderful years together**



**Rtn. Surashri & Vikram Gokhale**

**Rtn. K Suryakumar & Vanaja**

**Rtn. Dr. Nilesh & Dr. Madhura Satbhai**

**Rtn. Dr Hemangee & Subhash Dhavale**

**Rtn. Pradnya & Yogin Sabnis**



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